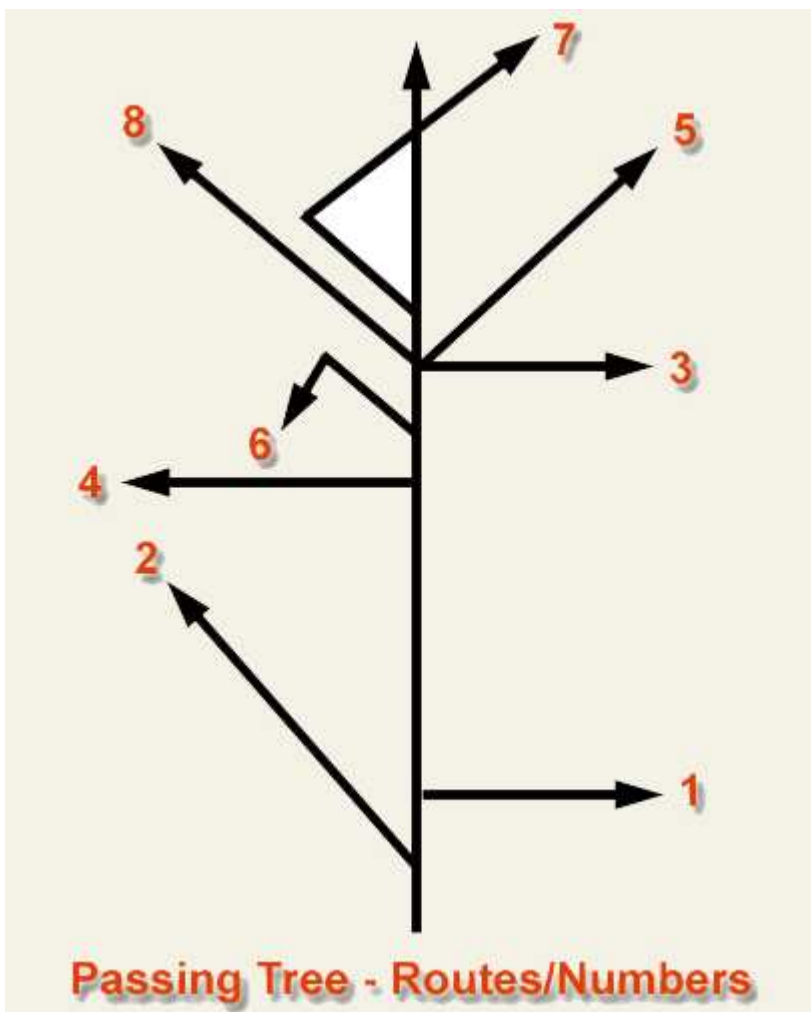




The Passing Tree

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This is a basic passing tree.

1. Quick Out

The first one is the quick out. It is a five to eight yard timing route. The quarterback should throw the ball before the receiver reaches the side line and step out of bounds. The receiver needs to cut quickly towards the side line and should use a head or shoulder fake to create separation from the defender.

2. The Slant Route

The receiver should run five to eight yards forward, then make a sharp cut towards the middle of the field on a forty five degree angle. The quarterback needs to throw the ball in front of the receiver and should throw the ball as soon as the receiver makes his or her cut.

3. The Deep Out

The deep out is the same as the quick out, but the wide receiver is about twelve to twenty yards down the field when he catches the ball. The quarterback should throw the ball before the receiver makes his cut towards the side line. Remember, the wide receiver needs to run his route the same exact way every time.

4. Drag In

The wide receiver takes an aggressive step driving the defensive back approximately five to seven yards, then drags on a forty five to ninety degree angle to the opposite side of the field, from where you are originally lined up. It is similar to the quick out, except the receiver is breaking towards the middle of the field.

5. The Flag

The wide receiver explodes off the line and drives up the field approximately eight yards, looks over their outside shoulder to show the defender a fake, and then drives and continues to sprint to the deep flag. This is an out route.

6. The Curl

The receiver should run approximately five to eight yards down the field and then curl in towards the quarterback. The receiver will use his back to shield the defender from the ball. The quarterback needs to throw the ball to the chest of the receiver.

7. Post Corner

This is a deeper out route at twelve to twenty yards. The quarterback should look at the receiver when he makes a cut towards the middle of the field. This route attempts to freeze the defender in the middle of the field and allows for the receiver to make a quick forty five degree move towards the corner of the end zone.

8. The Post

The post is a long pass towards the middle of the field. The post can be called when you can isolate one of your fastest receivers on a single defender. The receiver should be looking for space in the middle of the field. The pass should be thrown so the receiver can catch the ball in his stride.